## Quality Child Care and Licensing

(QCCL)

#### The essence of quality childcare...

when a teacher recognizes and accepts where a child is academically, socially and culturally and teaches them through play allowing them to engage in learning.

#### **Quality Care Overview**

#### What does QUALITY mean?

- How good or bad something is
- A characteristic or feature that someone or something has
- Something that can be noticed as a part of a person or thing
- A high level of value or excellence

# Why is *Quality* Childcare important?



### What is Quality Childcare?

We will emphasize a high level of value or excellence in maintaining standards, best practices and attitudes that support the development of children in our care.

The state regulates quality based on the following aspect:

- Ratio: The number of children per adult in a home or classroom
- Group Size: The total number of children
- Health: Policies and practices around illness, immunization, nutrition, cleanliness, and preventing the spread of germs
- Safety: Practices to make sure the environment is safe, both indoors and outdoors. This includes practices around First Aid and Infant and Child CPR training for staff, fire precautions, criminal background checks
- Training, education and experience of the provider: Assures that providers are knowledgeable in child development and other related topics

Quality care is more than just following regulations, it is embracing the individual, developmental, and academic needs of children; meanwhile respecting parents as their primary educators.

Research has shown that building positive relationships with children and their families, plus providing safe developmentally appropriate learning environments produces long lasting positive effects on children's cognitive and social development.

#### This includes:

developmentally appropriate curriculum knowledgeable and well-trained teachers comprehensive services that support the health, nutrition and social well-being, in an environment that respects and supports diversity

"A key component of quality programs is the quality of teacher." *NAEYC* 

# Employing effective practices in the following stages of quality care are essential for every early childhood teacher.



### Stages of Development

Children grow and develop at different rates. While their pathways through childhood differ, most pass a set of predictable milestones along the way.



The information presented here offers a map that can help you follow a child's journey.

The map divides the developmental milestones into four areas:

#### Physical Development

From the start, babies want to explore their world. As they grow, children's determination to master movement, balance, and fine-motor skills remains intense.



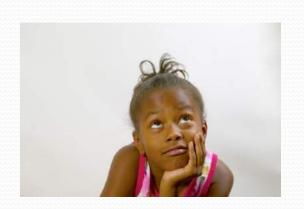
#### Social and Emotional

Social and emotional milestones are often harder to pinpoint than signs of physical development. This area emphasizes many skills that increase self-awareness and self-regulation. Research shows that social skills and emotional development (reflected in the ability to pay attention, make transitions from one activity to another, and cooperate with others) are a very important part of school readiness.

### Thinking Skills



Infants were once thought of as passive and unknowing. It was commonly believed that until they mastered language, young children were incapable of thinking or forming complex ideas. Today, we know otherwise.









Long before children can say words or join them into sentences, they are active language learners.

Within a few short years, young children go from newborns without language to excellent communicators and lively inventers and tellers of

stories.

In reality, these areas overlap, as development in one area is reinforced and enhanced by growth in others.

Every child is unique and will develop in their own way and in their own time.

Every child goes through the stages of development in the same order but will spend different lengths of time, and show different characteristics, at each stage.

#### Child Development....

refers to how a child becomes able to do more complex things as they get older.

Development is different than growth.

*Growth* only refers to the child getting bigger in size.

## Developmental Milestones

a set of functional skills or age-specific tasks that most children can do at a certain age range.

http://www.med.umich.edu/yourchild/topics/devmile.htm



#### **Learning Environments**

# The setup of your child care environment is as important as the care you provide!

Indicators of a Quality Early Learning Environment

https://www.youtube.com/watch?v=fm7hIwLXuTU



# A Quality Learning Environment Should Send These Messages to Children.....

- This is a good place to be.
- You can trust all the big people in this place.
- You can be independent and do many exciting things that will help you learn.
- You can get away and be by yourself or be with friends whenever you want to.
- This is a safe place to explore and try out your ideas.
- Everything here is for you and you can use it whenever you like.
- You know where things are and they're always in the same place.
- This is a happy place that helps you learn new things.
- Somebody knows you and know what you like to do.

# A child's environment affects their development and behavior.

Well-planned, indoor and outdoor environments make it easier for children **to learn**,

to get along with one another and become independent.

#### Health and Safety Practices

The program promotes the nutrition and health of children and protects children and staff from illness and injury.

Children must be healthy and safe in order to learn and grow.

# Enhance Development and Learning

The teacher implements a curriculum that is consistent with goals for children and promotes learning and development in each of the following areas: social, emotional, physical, language, and cognitive.

#### Positive & Caring Community

The teacher promotes positive relationships among all children and adults.

She encourages each child's sense of individual worth and belonging as part of a community and fosters each child's ability to contribute as a responsible community member.

#### **POSITIVE Guidance**



Research shows that if children start school with a strong set of attitudes and skills that help them "learn how to learn," they will be better able to take advantage of educational opportunities.

While some learning skills come naturally to children, others can be developed through a supportive environment.

#### Observation and Assessment

The program is informed by ongoing systematic, formal, and informal assessment approaches to provide information on children's learning and development.

These assessments occur within the context of reciprocal communications with families and with sensitivity to the cultural contexts in which

children develop.

#### Relationships with Families

Establish and maintain collaborative relationships with each child's family to foster children's development in all settings.

These relationships are sensitive to family composition, language, and culture.





## **Quality Caregivers**

The program employs and supports a teaching staff with the educational qualifications, knowledge, and professional commitment necessary to promote children's learning and development and to support families' diverse needs and interests.

#### Developmentally Appropriate Practice

Developmentally appropriate practice, often shortened to DAP, is an approach to teaching grounded in the research on how young children develop and learn and in what is known about effective early education.

Its framework is designed to promote young children's optimal learning and development.

#### 3 CORE CONSIDERATIONS OF DAP

- Knowing about child development and learning.
  - Knowing what is individually appropriate.
    - Knowing what is culturally important.



Developmentally appropriate practice means you use knowledge about child development to create a program that is suitable for the age and stage of development of your group of children.

At the same time, your program considers the needs of the individual child.

- Age appropriate
- Individual Appropriateness.
- Child-guided and Teacher-guided Experiences
  - Culturally and Socially Responsive
    - Play

### Play



Play promotes optimal development across all domains during early childhood and beyond.

Children love to play, and play often mirrors what is important in their lives. When asked about play children talk about having fun, being with friends, choosing activities themselves, and being outdoors.



## Indoor Play....









## Outdoor Play...









#### Benefits of Play

#### Educational benefits include...

- providing a meaningful context for children to learn concepts and skills;
- making learning fun and enjoyable;
- encouraging children to explore and discover together and on their own;
- allowing children to extend what they are learning;
- encouraging children to experiment and take risks;
- providing opportunities for collaborative learning with adults and peers;
- allowing for the practice of skills.

http://udel.edu/~roberta/play/benefits.html

## Types of Play

## There are five distinctly different types of play.

http://deta.qld.gov.au/earlychildhood/pdfs/tipsheets/different-types-play.pdf



Solitary Play:
This is when your toddler plays alone.
All children like solitary play at times.





Parallel Play:
This is when your toddler plays beside another child without interacting.

Your toddler will observe the other child and often imitate what they do. Toddlers enjoy parallel play.





#### **Imitative Play:**

This is when your toddler and another child copy each other.

One toddler starts to jump and soon they are both jumping. Or you are folding clothes and your toddler tries to do the same.





Social Bids:
This is the first step toward
having fun with others.
Well before the age of 24 months,
your toddler will offer
toys, looks, or words to other children.

#### It's your toddler's way of communicating.





#### Cooperative Play:

As your toddler gets older, he or she will start to play with other children.

They may work together to build a block village or take stuffed animals to the doctor. Many children are not ready for this kind of play until they are 36 months of age or older.





### **Promoting Play**

The adult provides children with the support, props, time, and space to develop their play.

This role involves many dimensions such as when to intervene and when to stand back.

http://www.ncca.biz/Aistear/pdfs/Guidelines\_ENG/Play\_ENG.pdf

http://laup.net/documents/what we do/race to the top/eei 2/ rtt\_eei2\_what\_i\_learn\_when\_i\_play.pdf