## A Template Example of a Physical Ability Test

## TITLE OF TEST:

**INTRODUCTION**: (an explanation of the reasons for and parameters of the testing)

**APPLICANTS NECESSARY PREPARATION**: (explaining the points the applicant needs to consider prior to taking the test.)

## **TEST COMPONENTS:**

- o Test Description (Overview of what it to be done.)
- o Related Job Task: (Explanation as to why this test is related to the job)
- o Procedure: (Specific details as to what the applicant must do to successfully complete the test.)
- O Criteria: (What are the measurable results that must be achieved, such as time on task, amount of task completion expected, and grading criteria, i.e., points/pass –fail, penalities, etc.)
- o Illustrated Component: (If necessary, obstacle course map, procedural images, etc.)