PERSONALITY STRENGTHS

Name: _____ **Date** _____

INSTRUCTIONS:

PLEASE CIRCLE THOSE WORDS THAT YOU BELIEVE I POSSESS. THINK OF THESE WORDS IN TERMS OF MY PERSONALITY, MY CHARACTER, INTELLECT, AND OUTLOOK ON LIFE AS YOU KNOW ME. (Be objective and as realistic as possible.)

accepting
achieving
active
adventurous
affectionate
ambitious
articulate
assertive
attractive
caring
charismatic
charming
cheerful
committed
compassionate
confident
congenial
conscientious
considerate
cooperative
creative
dedicated
dependable
determined
disciplined
distinctive
dynamic
efficient
empathetic
encouraging
energetic
enterprising
entertaining
enthusiastic
expressive
fair-minded
friendly
gentle
genuine
good-natured
graceful
helpful
humorous
happy
imaginative
independent
insightful
intelligent
intuitive
knowledgable
logical
likable
open-minded
optimistic
objective
organized
orderly
original
outgoing
patient
perceptive
persistent
persuasive
poised
precise
productive
professional
quick
rational
realistic
receptive
reassuring
responsive
self-aware
self-confident
sensitive
serious
sincere
skillful
sociable
spontaneous
steady
stimulating
strong
sympathetic
talented
thoughtful
tolerant
trusting
truthful
unique
unpretentious
vigorous
warm

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