

1.

Award: 10 out of 10.00 points

### Self-Assessment 3.1: What Is My Big Five Personality Profile?

**Instructions** Using the scale below, indicate to what extent each of the following statements describes you.

	Not at all like ...	A little bit like...	Somewhat like me...	Like me	Very much like m...
* 1. I talk to many different people at parties.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 2. I don't mind being the center of attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 3. I sympathize with other people's feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 4. I take time out for others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 5. I am always prepared.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 6. I pay attention to details.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 7. I am relaxed most of the time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 8. I am not easily bothered by things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 9. I enjoy hearing new ideas.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* 10. I enjoy thinking about things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Extraversion Score

Score : 3 pts.

2 - 5 pts.

**Feedback:** Low level of personality factor.

#### Agreeableness Score

Score : 7 pts.

6 - 8 pts.

**Feedback:** Moderate level of personality factor.

#### Conscientiousness Score

Score : 9 pts.

9 - 10 pts.

**Feedback:** High level of personality factor.

#### Emotional Stability Score

Score : 7 pts.

6 - 8 pts.

**Feedback:** Moderate level of personality factor.

#### Openness to Experience Score

Score : 10 pts.

9 - 10 pts.

**Feedback:** High level of personality factor.

**Source:** L. R. Goldberg, J. A. Johnson, H. W. Eber, R. Hogan, M. C. Ashton, C. R. Cloninger, & H. C. Gough "The International Personality Item Pool and the Future of Public-Domain Personality Measures," *Journal of Research in Personality* 40 (2006), pp. 84-96.