# Reducing World Poverty, Hunger, & Health Problems

## Executive Summary

A profound number of people groups and individuals across the world do not currently have access to essential financial resources, food, medical care and other facilities (Dalmiya and Schultink, 2003). This research study is an attempt to dig deep into this area of concern and identify some of its core causes. The interest behind conducting this study is that this issue has been pushed to the forefront of many political agendas as a direct result of a growing global problem of inequality. Another area of concern is a major proportion of individuals, especially in under developed nations, not having access to proper medical care and health education resulting in a rising number of annual deaths.

## Problem Statement

The recent global statistics around the sensitive topic of world poverty, hunger and health issues indicate a need for urgent attention.

* **Poverty** – More than 30 per cent of children in developing countries – about 600 million – live on less than US $1 a day.
* **Hunger** – Every 3.6 seconds one person dies of starvation. Usually it is a child under the age of 5.
* **Health** – 58 percent of deaths in children under age five are caused by infectious diseases.

*\*\*Statistics taken from United Nations Children's Fund (UNICEF, 2015)*

This topic relates to certain people groups and individuals in society who do not have access to essential financial resources, food, medical and other facilities (Dalmiya and Schultink, 2003). The root cause of this problem can stem from a variety of causes; such as the background of an individual, geographic location, socioeconomic status, or other unseen circumstances. However, the main area of concern today is the sensitivity of the issue and the methods by which this problem can actually be reduced or eliminated (Payne *et. al*., 2001).

## Research Objectives

The main objective of this research study is to help reduce the problem of the world poverty, hunger and health issues through adoption of the right and most suitable strategies.

A set of specific research questions associated with this research study include:

* What are the main causes of the world poverty, hunger and health problems?
* Who are the people groups most affected by these problems?
* How can we devise impactful strategies that can help address the problems and create measurable results?

## Literature Review

According to the reports published by UNICEF (2015), poverty, hunger and health are interrelated concerns. As they have a cuase and effect relationship. The poverty and lack of financial resources leads to hunger and malnutrition. Once malnutrition and hunger set in the lack of proper medical treatment and providers results in sever health issues and even death. Also, it is to be noted that poverty hits small children the hardest (UNICEF, 2015). Adults usually have to just bear with lack of goods, services and meals but children are badly threatened. Poverty affects their health, survival, nutrition, education, protection, hygiene, participation etc. Poverty tends to create an environment that damages the growth, development and directly targets survivals of the humans in three forms emotional, spiritual and physical (UNICEF, 2015).

This topic of world hunger is so important to the United Nations and other international organizations that McDonalds is spear heading a campaign to raise public awareness on the issue of world hunger; specifically that of refugees. The effort by McDonalds is also supported by Burger King, MasterCard, Twitter, Facebook to name a few. The campaigns chief goal is to depict poverty stricken and displaced individuals and drum up support by showing how individuals can come together and provide support (Monllos, 2015).

As observed by writer Maya Rait in The Christian Science Monitor, there seems to be promise of school gardens helping curb world hunger especially in under developed areas. This shows the correlation between hunger and malnutrition and the negative impact it has on a childs physical and mental well-being. By instituting school gardens in poorer areas it has a multifaceted benefit, positive effects on nutrition, culture, education and environment are just a few of the many benefits that are beginning surface as a result of a small number of these program (Rait, 2105).

## Importance of the Study

In continuation of the research objectives, this study holds a specific importance and significance. The successful undertaking of this study will first and most directly help understand the main causes of world poverty, hunger and health problems. Secondly, this study will help discover which groups and in which all nations are most impacted. Third, what strategies and approaches can actually help solve these issues as well as help create a better place for everyone to live.

## Research Design

According to Creswell (2013), it is extremely important for any successful research to actually start with a research design. Research design include where, how and when the research study will be performed (Creswell, 2013).

This research study will basically be a mix of primary and secondary data. Primary data could be collected by interviewing some of the people who are suffering from poverty, health or hunger problems. People of low economic status could be approached to understand the problems they face. Secondly, few high level executives at UNICEF and WHO and/or other high level charitable organizations could also be interviewed to understand what has been planned and what needs to be done to address such issues.

Further, all the secondary data will be collected from published reports, text books and academic articles.

## Data Analysis

From the perspective of data analysis, the first step will involve putting all the gathered data at into a central location where it can be scrubbed. Next, the primary data collected from interviews and observations will be compared against the secondary data and theories. Also, Microsoft Excel data analysis will be adopted to identify trends in the quantitative and numerical data. The aim will be to address the research objectives and find to which we can pinpoint specific issues.

## Nature and Form of Possible Results

The final results will be basically theoretical in nature. Some of the key aspects will include what the real challenges are people are facing who are affected. Next, we need to look at the effectiveness of the approaches that are already being done. While we understand we cannot eradicate these issues when can assess what areas would be most beneficial to apply aid to where it would be the most economical and from a dollars and cents standpoint have the biggest impact. Some results will be numerical in nature in order to depict trends and patterns for coming up with strategies to solve the problem of poverty, hunger and health related issues.

**References**

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