

List of paired dependent and independent variables and demographic variables

No.	Student Name	Dependent Variable	Label	Value	Level of Measurement	Independent Variable	Label	Value	Level of Measurement
1		bmi	Body Mass Index (BMI)	-	Ratio	exercise	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
2		bmi	Body Mass Index (BMI)	-	Ratio	docwatchesalt	Has a doctor or other health professional ever advised you to reduce sodium or salt intake?	1=yes, 0=no	Nominal
3		bmi	Body Mass Index (BMI)	-	Ratio	takeinsulin	Are you now taking insulin?	1=yes, 0=no	Nominal
4		bmi	Body Mass Index (BMI)	-	Ratio	cvdhd	(Ever told) you had angina or coronary heart disease? Coronary heart disease (CHD) is a narrowing of the small blood vessels that supply blood and oxygen to the heart. CHD is also called coronary artery disease.	1=yes, 0=no	Nominal
5		bmi	Body Mass Index (BMI)	-	Ratio	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
6		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal
7		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	asthma	Do you still have asthma?	1= yes, 0=no	Nominal
8		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	currentsmoke	Person who is a current smoker	1= yes, 0=no	Nominal
9		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	exercise	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
10		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
11		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	stroke	(Ever told) you had a stroke	1= yes, 0=no	Nominal
12		physhealthdays	Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?	-	Ratio	hrtattck	(Ever told) you had a heart attack, also called a myocardial infarction?	1= yes, 0=no	Nominal
13		menthealthdays	Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	-	Ratio	currentsmoke	Person who is a current smoker	1= yes, 0=no	Nominal
14		menthealthdays	Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	-	Ratio	heavydrink	Heavy drinkers (adult men having more than two drinks per day and adult women having more than one drink per day)	1= yes, 0=no	Nominal
15		menthealthdays	Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	-	Ratio	exercise	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
16		menthealthdays	Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?	-	Ratio	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
17		hrsleptime	On average, how many hours of sleep do you get in a 24-hour period?	-	Ratio	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
18		hrsleptime	On average, how many hours of sleep do you get in a 24-hour period?	-	Ratio	excverygoodhealth	Would you say that in general your health is:	1= excellent or very good, 0= good, fair, poor	Nominal
19		hrsleptime	On average, how many hours of sleep do you get in a 24-hour period?	-	Ratio	asthma	Do you still have asthma?	1= yes, 0=no	Nominal
20		hrsleptime	On average, how many hours of sleep do you get in a 24-hour period?	-	Ratio	cvdhd	(Ever told) you had angina or coronary heart disease? Coronary heart disease (CHD) is a narrowing of the small blood vessels that supply blood and oxygen to the heart. CHD is also called coronary artery disease.	1=yes, 0=no	Nominal
21		hrsleptime	On average, how many hours of sleep do you get in a 24-hour period?	-	Ratio	exercisc	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
22		excverygoodhealth	Would you say that in general your health is:	1= excellent or very good, 0= good, fair, poor	Nominal	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
23		excverygoodhealth	Would you say that in general your health is:	1= excellent or very good, 0= good, fair, poor	Nominal	currentsmoke	Person who is a current smoker	1= yes, 0=no	Nominal
24		excverygoodhealth	Would you say that in general your health is:	1= excellent or very good, 0= good, fair, poor	Nominal	takeinsulin	Are you now taking insulin?	1=yes, 0=no	Nominal
25		excverygoodhealth	Would you say that in general your health is:	1= excellent or very good, 0= good, fair, poor	Nominal	hrtattck	(Ever told) you had a heart attack, also called a myocardial infarction?	1= yes, 0=no	Nominal
26		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	exercise	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
27		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	takeinsulin	Are you now taking insulin?	1=yes, 0=no	Nominal
28		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	docwatchesalt	Has a doctor or other health professional ever advised you to reduce sodium or salt intake?	1=yes, 0=no	Nominal
29		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	cvdhd	(Ever told) you had angina or coronary heart disease? Coronary heart disease (CHD) is a narrowing of the small blood vessels that supply blood and oxygen to the heart. CHD is also called coronary artery disease.	1=yes, 0=no	Nominal
30		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
31		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	hrtattck	(Ever told) you had a heart attack, also called a myocardial infarction?	1= yes, 0=no	Nominal
32		obese	Person who has BMI = 30 or greater	1= obese, 0=not obese	Nominal	stroke	(Ever told) you had a stroke.	1= yes, 0=no	Nominal
33		asthma	Do you still have asthma?	1= yes, 0=no	Nominal	exercise	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?	1= yes, 0=no	Nominal
34		asthma	Do you still have asthma?	1= yes, 0=no	Nominal	currentsmoke	Person who is a current smoker	1= yes, 0=no	Nominal
35		currentsmoke	Person who is a current smoker	1= yes, 0=no	Nominal	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal
36		heavydrink	Heavy drinkers (adult men having more than two drinks per day and adult women having more than one drink per day)	1= yes, 0=no	Nominal	depressed	(Ever told) you that you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?	1= yes, 0=no	Nominal